

Terms and Conditions

The content available on our website (the “Website”) is intended solely for educational purposes. While we strive to provide accurate and helpful information, it is your responsibility to research and verify any details before relying on them. We are not medical professionals. Although we may recommend medicinal herbs for various health issues, believing in the safety and effectiveness of herbal medicine, please be aware that our staff cannot give personal health advice. Always consult your doctor prior to following any recommendations or suggestions.

Website users are encouraged to engage in discussions about health-related topics in the public and private forums, bulletin boards, or blog posts and share their own insights and experiences. However, the opinions expressed by users are subjective and do not reflect the views of Grounded Goods. No forum post or comment should be taken as health advice. You are responsible for consulting a medical professional before trying any new herb or remedy mentioned on the Website or in any related forum.

The information provided is not meant to replace professional medical advice. Please consult your doctor before using herbal medicine, especially if you have a known medical condition or are pregnant or nursing. Ultimately, you are responsible for your own health.

Just like conventional medicine, herbal medicine is complex and should be used wisely. Individuals may react differently to various remedies. Some herbs can interact negatively with certain pharmaceutical drugs, and some beneficial herbs may be mistaken for harmful or toxic substances. Numerous plants can cause illness or are dangerously poisonous. Always ensure accurate identification before harvesting any plant.

Furthermore, even properly identified foods can sometimes cause unexpected reactions, ranging from digestive issues to severe allergies. It is your responsibility to ensure you are harvesting the correct plant, and it is your decision to try any new food. We cannot be held liable for incorrect identification or reactions to plants.

You are accountable for your own choices, including but not limited to the consumption, application, or use of any toxic, allergenic, or poisonous substances. If you are underage, Grounded Goods strongly advises against purchasing, consuming, or using alcohol. Should you choose to disregard this recommendation, you do so at your own risk, and Grounded Goods bears no liability for any resulting actions.

Grounded Goods cannot predict how a remedy will affect you. For any health-related inquiries, always consult your doctor.

Grounded Goods and the Website hosts accept no responsibility and disclaim all liability related to browsing and using information on the Website, including downloading materials. Our exclusion of liability extends to errors, inaccuracies, omissions, or misleading statements found in provided forums and our social media platforms.

While we hope you find the Website informative and assert the effectiveness and safety of botanical medicine, the content is for general informational purposes only. As with all educational and health-related materials, information and research are constantly evolving and subject to change. Although we believe the content to be accurate at the time of writing, we offer no guarantees regarding its accuracy, currency, or applicability to specific situations and circumstances.

Our content and educational resources cannot cover all diagnostic and intervention needs for any individual or specific issue, and we emphasize that the Website and educational resources do not substitute for professional medical advice. The information is provided for educational purposes and personal research.

While we aim to act in good faith, any material, information, or communication you transmit or post to the Website in a public domain will be treated as non-confidential and non-proprietary. You are prohibited from posting or transmitting any unlawful, threatening, defamatory, obscene, pornographic, or other content that violates any law. For any concerns or questions regarding this matter, please contact info@grounded-goods.com.

Throughout our operations, information may be updated or changed without notice to improve or modify the products or services described. We reserve the right to make such changes at any time without notice.

External websites and links outside of Grounded Goods are independent, and even if posted on our forums or platforms, we reiterate that we have no control over external content. We reject any liability for such postings, which do not imply endorsement. Links to external sites are at the user's risk, and individuals must take precautions to ensure that the selected sites are free of harmful items, such as worms, viruses, Trojans, or illegal content. When we identify a third-party site, such as an affiliate or business partner, it remains the user's responsibility to review their policies regarding the use of personal information.

The services and materials provided on the Website and its products are offered "as is," and we expressly disclaim all warranties (express or implied) to the fullest extent permitted by law. For any queries regarding warranties of merchantability, satisfactory quality, or fitness for a general or specific purpose, we reserve our rights under the law but recommend directing such claims to info@grounded-goods.com.

Potential claims for liability include, but are not limited to, claims, losses, demands, or damages resulting from our information and/or services, including death or personal injury arising from negligence; direct, indirect, incidental damages; compensatory damages; or loss of profits or data due to breach of contract, warranty, negligence, product liability, or other causes.

Changes to These Terms and Conditions

We reserve the right, at our discretion, to modify or replace these Terms at any time. If a revision is significant, we will make reasonable efforts to provide at least 30 days' notice before any new

terms take effect. The determination of what constitutes a material change will be at our discretion.

By continuing to access or use our Service after these revisions become effective, you agree to be bound by the revised terms. If you do not agree with the new terms, in whole or in part, please discontinue your use of the Website and the Service.

Educational Statement

Grounded Goods content is intended solely for educational purposes and should not be viewed as medical advice or a replacement for professional medical treatment. Always consult your healthcare provider before engaging with herbal medicine. Ensure you correctly identify any plant before harvesting, as consuming, applying, or using certain plants may lead to illness or even death.